



Abhivyaakti 2019

an expression..

JAGRAN PUBLIC SCHOOL
LUCKNOW

NEWSLETTER: April - July 2019 [Vol No. T1/1920/016]

FROM PRINCIPAL'S DESK

Prisoners of the Past

*Cast a cold eye on life,
on death.
Horseman, pass by.*

WB Yeats



The student's life is a weary life. He has to listen to the teachers in school, the parents at home and well-wishers almost everywhere. Everybody says the same thing, more or less, using different word combinations and tones - so irksome at times.

The student has always dreamt about 'becoming big' and when he does grow up, he has to fulfill so many expectations that he is torn between dealing with his recently acquired self-image and what is expected of him! Different students react differently to the dilemma. While some start earnestly fulfilling the expectations of their parents and teachers, most get excited about their self image and start experimenting with fancy hair-cuts and deviant mannerisms, building their lives around these fantasies. Lies are used frequently to cover up reality during this phase.

This is an age when the child has a negative opinion about everybody and everything that does not fit into his fantastic world. He goes into the mode of minimum interaction with his parents and teachers, often telling lies to escape standard rebukes. He develops a natural affinity for his peers and begins to feel that they are better company. Most students are so deeply engrossed with the unreal world that they start neglecting their studies and their performance dips at school and even at the coaching centres.

The fact is that parents and teachers need to understand that growing up is a process and that these students should be treated kindly at home and even at school. It is a phase that eventually passes away when the child has to leave school and his friends behind after Class XII, and plant himself in another soil.

Ironically, this confused period in the child's life is also the time for building the foundation of his life. Those who force themselves into studying often get the most prized placements in life. They have a great future. Those who let themselves wander in the wild jungles of fantasy end up with the wealth of experience. They have a marvelous past.

Sachidanand Singh
Principal

AISSCE & AISSE 2019 Results

a summary

AISSCE [Class 12] and AISSE [Class 10] results were declared by CBSE on 4th and 6th May 2019 respectively. JPS students once again underlined their academic excellence through an exemplary result. Congratulations to Alankrita Dutta and Akanksha Singh for topping the list in Class 10 and Class 12 respectively.

A brief summary of the results is as follows:

AISSCE [Class X]

	English	Hindi	Maths	Science	Social Sc	F. IT
90%+	42	31	43	44	82	120
80%-89.9%	59	50	17	23	40	32
70%-79.9%	41	41	24	30	22	12
60%-69.9%	12	27	21	23	9	0
50%-59.9%	7	11	21	21	7	0
40%-49.9%	2	3	25	18	3	0
33%-39.9%	0	0	12	4	0	0
Below 33%	0	0	0	0	0	0
TOTAL	163	163	163	163	163	163

School Topper [Class 10]: ALANKRITA DUTTA [97.0%]

AISSCE [Class XII]

	A1	A2	B1	B2	C1	C2	D1	D2	E
English Core	8	12	42	18	22	24	23	4	4
Hindi Core	0	5	2	4	3	0	1	0	0
Physics	2	4	8	14	9	19	10	6	6
Chemistry	5	10	9	12	11	12	9	4	4
Mathematics	1	9	7	12	7	5	7	5	5
Biology	5	3	2	0	6	2	2	0	0
Business Studies	6	11	8	11	6	7	1	0	0
Accountancy	4	8	4	5	7	6	12	4	4
Economics	16	20	8	12	8	5	7	3	3
Computer Science	0	0	9	6	4	7	3	1	1
Hindi Vocal Music	0	0	1	0	3	2	11	0	0
Physical Education	3	7	11	20	11	6	0	5	5
Painting	2	7	3	5	2	3	1	0	0
History	9	9	6	3	3	0	0	0	0
Geography	9	1	5	2	0	2	1	1	1
Political Science	5	2	2	0	0	0	0	0	0

School Topper [Class 10]: AKANKSHASINGH [95.4%]

CAMPUS DIARY

- 5-Apr** • Session 2019-2020 commenced the for Pre Primary classes as well as for classes 1 to 8.
- 8-Apr** • Session 2019-2020 commenced for classes 9, 10 & 12.
- 9-Apr** • Students of Classes 1 to 8 went to CMS, LDA Lucknow to participate in International Film Festival.
- 10-Apr** • Inaugural House Get together of the session was held.
- 13-Apr** • Career planning workshop for students of classes 9 & 11 was held in school. Ms. Toolika Krishnan was the resource person.
- 8 students along with Mr. Abhishek Mishra left for a week long science program to Japan. [Details on following page].
- 15-Apr** • Session 2019-2020 commenced for Class 11.
- 18-Apr** • Group recitation of Pre Primary Classes.
- 21-Apr** • Class 10 students along with their class teachers visited Neelansh Theme Park and Resort.
- 8 students along with Mr. Abhishek Mishra were back at school after a week long fully sponsored trip to Japan.



Padmashree, Shri G C D Bharti performing at JPS Lucknow

- 22-Apr** • Padmashree, Shri G C D Bharti was the guest for the day in our school. He sang melodious sufi songs and dohas of Kabir.
- 23-Apr** • A press conference was organised where 7 out of the 8 students who visited Japan narrated their experience and answered the queries of journalists. Mr. Sadguru Saran Awasthi, Resident Editor, Dainik Jagran, Lucknow was the Chief Guest on the occasion. The program was also attended by the proud parents of the selected students.
- 24-Apr** • A Career Counseling program was organised for Class 12 students of Commerce and Humanities stream. Mr. Nitin Rakesh, Director, IPT was the resource person.
- Inter House English Elocution for Sub Junior Group was held. Results: 1. Navya Singh [4B, BB], 2. Atharv Mishra [3B, RR], 3. Manvi Singh [4A, GW]. Ms. Rashmi Singh and Mr. Bajrangi Singh were the Judges for the event.
- Inter House Hindi Elocution was held for Senior Group. Result: 1. Shivam Srivastava [12A], 2. Akshara Singh [11, RR], 3. Sahil Singh [9B, GW].
- 25-Apr** • English Group recitation of Pre Primary Classes was

held.

- 27-Apr** • Inter House Carrom for Junior Group commenced. Result: 1. Riddhi Vaish [7B, RR], 2. Spriha Tripathi [7B, BB], 3. Siddhi Vaish [7B, GL].
- Inter House Chess competition for Senior Group commenced.



Inter House Chess

- 29-Apr** • Graduation ceremony of Pre Primary Section was held in Pre Primary Hall. The meritorious students of PG, LKG & UKG were felicitated by the Principal.
- 1-May** • Inter House English Elocution for Junior Group was held. Result: 1. Reet Dubey [8C, RR], 2. Samriddhi Tripathi [7A, RR], 3. Ojaswi Karn [6A, GL] & Vaishnavi Singh [8A, GL]
- Inter House Hindi Elocution was held for the Sub Junior Group. Result: 1. Awantika Tiwari [4B, RR], 2. Aditya Verma [4a, BB], 3. Aditi Singh [2B, RR]
- 4-May** • In the sports arena, Inter House Carrom for Juniors, Shot Put for Seniors and Broad Jump for Senior Boys was conducted.
- 5-May** • Class 12 students went for an excursion to Neelansh Water Park and Resort. They were accompanied by their class teachers.
- 9-May** • Inter House English Elocution for the Seniors was held. Result: 1. Harshita Singh [11F, RR], Vidhi Sharma [10C, GW], 3. Aditi Upadhyaya. Mrs. Ragini Singh, Mr. Amit Kumar and Mr. Abhishek Sharma were the Judges on the occasion.
- Inter House Hindi Elocution was held for Junior Group. Result: 1. Shashwat Mishra [8B, BB], 2. Spriha Tripathi [7B, BB], 3. Ananya Upadhyaya [7B, GL]. Ms. Shuchita Srivastava and Ms. Monika Sharma were the Judges for the day.
- 11-May** • Inter House Chess competition for Senior Group commenced. Result Summary: Girls: 1. Shweta Rajbhar [10B, GW], 2. Vaibhavi Srivastava [11D, BB], 3. Meghna Shukla [11C, RR].

CAMPUS DIARY

- Inter House Discus Throw event for Junior Section was held.
- Inter House Broad Jump event for Seniors was held.
- 'Mera Bharat Swarnim Bharat', an all India exhibition bus campaign 2017-2020 to create awareness amongst Indian youths was held in school. Brahma Kumari Dr. Inder Rastogi, Rajyogini Amita Ji, Brahma Kumar Acharya Ji and Ms. Shashi Srivastava Ji paid a visit to the school. They addressed the students and motivated them.

- 17-May** • A week long Summer Camp commenced.
- Summer Vacations commenced.
- 29-May** • 50 students along with 5 teachers went for a week long trip to Chandigarh and Manali. They also did a short trek to Hamta Pass.
- 25-Jun** • School Re opens after Summer break.
- 3-Jul** • Inter House English Debate Competition was held for the Junior Group. Result: 1. Anushka Srivastava [8C], 2. Reet Dubey [8C], 3. Bhavyesh Jeevan Joshi [6A]. Mr. Akhishek Sharma and Ms. Savita Maheshwari were the Judges for the event.



Inter House Carrom

- 4-Jul** • 'Show and Tell' activity was held for the Pre Primary classes.
- 8-Jul** • Investiture ceremony was held in which the members of Student Prefectorial Body were given their badges and they all took the oath of office.
- 9-Jul** • Quiz on Road Safety was conducted by Shubham Soti Foundation in school.
- 10-Jul** • Inter House English Debate Competition was held for the Senior Group. Result: 1. Shreya Singh [11A], 2. Prachi [12A], Anoushka Kumar [12B]. Principal, Mr. Sachidanand Singh and Guest Judge, Mrs. Reeta Mukherji analyzed the presentation of the debaters.
- Inter House Just a Minute [JAM] was organized for the senior section. Result: 1. Satyam Asutosh Rai [12A], 2. Manas Mishra [12B], 3. Archit Mukherjee [9D].
- 11-Jul** • A 'Family Quiz' event was held for the Pre Primary Kids.
- 15-Jul** • Students of Classes 1 to 8 participated in Spell Bee competition.

- 16-Jul** • Inter House Soft Board Competition was held in which Red Roses, represented by Sakshi Verma [10C], Samriddhi Mohan [10C], Devisha Singh [10B], Dhruv Singh [10C], Amartya Samanto [10B] and Abhay Prakash [10B] won the event.
- 40 Mango trees were planted in the school campus as a part of an initiative of Dainik Jagran, 'Vrikshabhushan'.
- 17-Jul** • Inter House English Declamation event was held for Sub Junior Group. Result: 1. Ananya Yadav [4A], 2. Bhuvadhan Tiwari [4A], 3. Vindhyavasini Rai [4A].
- Our Boys [Under 14] Football Team were the Runners Up at Inter School Football Competition hosted by Puranchandra Vidyaniketan, Kanpur. Devansh Vikram Singh of JPS Lucknow was the highest scorer of the event.
- 18-Jul** • Spell Bee' event was organised for the Pre Primary Kids.
- 20-Jul** • Finals of Football [Sub Junior Group] was held in which Blue Birds defeated Red Roses.
- 24-Jul** • Inter House Solo Dance Competitions were held. Results Summary: Sub Junior Group: 1. Naman Mishra [3A, RR], 2. Manvi Singh [4A, GW], 3. Shubhanshi Rastogi [2B, BB].
- Inter House Quiz competition was held for the Junior Group. Green Leaves team comprising Praseon Vats [5B], Jay Vardhan [6B], Shubhi Srivastava [7C] and Arjun Dhawan [7C] were the winners.



- 27-Jul** • Rakhi Making competition was held. Results Summary: Sub Junior Group: 1. Chanchal Jain [4A], 2. Srishti Giri [2A], 3. Ansh Purwar [3A]. Junior Group: 1. Yashasvi [8B], 2. Bhavyesh Jeevan Joshi [6A], 3. Ananya Srivastava [6A]. Senior Group: Manya Agarwal [9A], 2. Shreya [10D], 3. Purvi Anshu [9D].
- 31-Jul** • Inter House Solo Dance Competition was held for the Junior Group. Result: 1. Shubhi Srivastava [7C, GL], 2. Anushka Gupta [6B, BB], 3. Samriddhi Tripathi [7A, RR]. Dr. Nandita Bhattacharya was the Guest Judge.
- In the Inter House Quiz Competition for seniors, Blue Birds team of Akash Gupta [12E], Prathishtha Raj [11F], Yash Raj [10B] and Ashutosh Mishra [9A] was the winner.

Compiled by: Prachi [12A, Head Girl]



Student Prefectorial Body 2019-2020 with Principal, Mr. S. N. Singh & Vice Principal

**STUDENT PREFECTORIAL BODY
2019-2020**

Head Boy

SAI POORAN CHAND AWASTHI [12B]

Head Girl

PRACHI [12A]

Sports Captain

DEVANSHU AGARWAL

RED ROSES

Captain:	ZOYA SHAH [12B]
Vice Captain:	MAHIM MISHRA [11A]
Prefect [Sports]:	PRIYANSHI VAISH [10B]
Prefect [Academics]:	AMARTYA SAMANTO [10B]
Prefect [Non Academics]:	ANSH BHARADWAJ [10D]

GOLDEN WINGS

Captain:	KRITIKA SINGH [12D]
Vice Captain:	SHREYA SINGH [11F]
Prefect [Sports]:	SHWETA RAJBHAR [10C]
Prefect [Academics]:	ARCHIT MUKHERJEE [9D]
Prefect [Non Academics]:	PRASHANSA SINGH [10D]

GREEN LEAVES

Captain:	AYUSHI JAISWAL [11C]
Vice Captain:	ARUNIMA SRIVASTAVA [11C]
Prefect [Sports]:	VAIBHAV SINGH [12B]
Prefect [Academics]:	ADITI UPADHYAY [11A]
Prefect [Non Academics]:	JHANVI AGARWAL [11B]

BLUE BIRDS

Captain:	TARANG KATYAYN [12C]
Vice Captain:	VAISHNAVI VERMA [12E]
Prefect [Sports]:	SARVESH KUMAR [11F]
Prefect [Academics]:	SHREYA [10D]
Prefect [Non Academics]:	JAHANVI SINGH [10C]

JAGRAN PUBLIC PRE SCHOOL - LUCKNOW

Session 2019-2020 commenced with the Clay Modeling event. The tiny tots who won hearts and prizes with their creations were: Play Group: 1. Namya Mishra, 2. Eshita Pandey, 3. Siddharth Narayan. LKG A: 1. Devangi, 2. Vaibhavi, 3. Atharva. LKG B: 1. Saanvi Srivastava, 2. Veer Pratap Singh, 3. Arohi Mishra. UKG-A: 1. Rajveer, 2. Shashwat Mishra, 3. Ananya Srivastava. UKG-B: Vidushi Srivastava, 2. Arti, 3. Kirti Singh.

After vacations, on 4th July 2019 'Show & Tell' competition was held. The Play Group kids spoke on their favourite cartoon characters. The winners were Namya Mishra [for Ninja Hatori] and Eshita Pandey [for Motu Patlu]. In LKG the topic was 'My favourite Toy'. The winners were Vaibhavi Mishra [Aeroplane] and Manya Dwivedi [Doll]. UKG-A kids spoke on their favourite animal and the winners were Manya Singh [Dolphin], Aaradhya [Penguin], Shashwat [Tiger]. UKG-B was to speak on 'Fruits and Vegetables' and the winners were Vidushi Srivastava [Strawberry], Kirti Singh [Mango] & Adrika Singh [Apple].

On 11th July, in Spellbee contest the proud winners were Manya Dwivedi, Vaibhavi Mishra & Sanya Jaiswal from LKG-A, Veer, Shivani & Arohi were the winners from LKG-B. In UKG-A, winners were Kushagra Pandey, Yuvraj Chandel & Manya Singh while from UKG-B, Vidushi Srivastava, Kirti Singh & Aviral Kumar were declared the best.



On 20th July in Solo Singing competition, Namya Mishra and Ananya Srivastava were the best singers from Play Group. In LKG, winner was Vaibhavi Mishra followed by Tanay Mishra & Aarohi Mishra. In UKG, Satvik Srivastava stood first and Vidushi Srivastava & Manya Singh bagged second and third prize respectively.

Well Done Kids!! Keep it going!

Compiled by: Archit Mukherjee [9D]

The Japan Visit 2019



8 students along with Mr. Abhishek Kenneth with the hosts at Japan

A group of 8 students of JPS, Lucknow got the opportunity to participate in a fully sponsored week long science program especially designed for Asian High School students under the framework of Japan-Asia Youth Exchange program in science.

On 13th April 2019, along with our supervisor, Mr. Abhishek Kenneth Mishra, we all, namely Ananya Verma, Manas Mishra, Satyam Ashutosh, Shagun Dwivedi [all Class 12], Aveg Patel, Chaitanya Kushwaha and Ayushi Singh [Class 11] and Ansh Bharadwaj of Class 10 departed in the morning for Delhi. We all had a unique opportunity to not only visiting the state of the art

Japanese Science and Technological facilities, Universities and heritage sites but also interacting with outstanding scientists and Nobel Laureates like, Dr. Momoru Mori and Dr. Royoji Noyori.

The other participating school groups were from India, Vietnam, Bangladesh and Sri Lanka. There were altogether 150 participants with 76 of them from India. We boarded the flight in the early hours of 14th April. After being welcomed in Japan we got to interact with each participant from the other 3

countries, individually during an orientation program that happened on the same day.

On 15th April, we visited JAMSTEC [Japan Marine Science and Technology Agency] where we learnt about their ongoing researches and witnessed the demonstration of the effect of pressure at great depths. Later in the day we visited the Great Buddha of Kamakura and the Tsugaoka Hachimangu Shrine.

On 16th we paid a visit to JAXA [Japan Aerospace Exploration Agency] where we learnt about space suits, space ships and also got to see the space station control room. Later in the day we visited Tsukuba University where we all saw the supercomputer, Cygnus. Next day we visited Shibuya Junior & Senior High School where we all participated in various activities. We were asked to form groups with the students of other countries as a part of a lingual exchange program. Thereafter we attended a lecture by Dr. Rayoji Nayori, Nobel Leaurate. In his address he emphasized on growing a genuine concern for the environment.

On 18th we paid a visit to a museum, Miraikan [*The Future*] and attended a lecture by Dr. Mamoru Mori, Japan's first astronaut who went to outer space. Later in the day we went to Tokyo Rinkai Disaster Prevention Park. On our last day of the trip, we visited Shibuara Institute of Technology. Thereafter we participated in the Closing Ceremony at JST headquarters. The ceremony included farewell speeches by the diplomats and representatives of each country. The event concluded with some cultural program put up by the students of the participating nations.

There was a lot to learn in this short trip to Japan. The discipline, life without any ego, punctuality, spiritualism.... there was so much to learn. It was a life changing moment for all of us.

compiled by Shagun Dwivedi [12A] 5



WHY NOT A DAUGHTER?

Hither and thither an intense longing for a son
Discontent overtook, if instead of his, is her
death to the latter. Sounds to the world like fun
Does God curse such an error?

Ceased she to be her father's princess
An absence haunts the mother in her skull
Just look at the lad who survived the mess
Disheveled hair, dim-witted dull.

The reason behind his happiness and laughter,
His never to be beautiful little daughter.

Sameeksha Sinha [12E]

MOM AND ME!

Best friends forever mom and me
picking flowers and climbing trees
A shoulder to cry on and secrets to share
warm hearts and hands that really care!

Shaurya Raj [5A]

THE BIRTHDAY CHILD

Everything has been different
All the day long,
Lovely things have happened
nothing has gone wrong
Nobody has scolded me
everyone has smiled
Isn't it NICE
to be a BIRTHDAY CHILD!!!

Netra Sharma [2A]

मेरा भारत महान

सम्पूर्ण विश्व में भारत सबसे महान
रोशन करेंगे हम इसका नाम
यहां की संस्कृति है सबसे अलग
जिसपे गर्व करते हैं हम सब
यहां की धरती है सबसे पवित्र
तभी तो यहीं जन्मे श्री राम और श्री कृष्ण
'अतिथि देवो भव' का यह नारा
तभी तो यहां फैला है भाईचारा
हिमालय है मुकुट देश का हमारा
चरणों में फैली है जल धारा
देश की धरती को समझा है हमने माता
इसकी रक्षा के लिए तैयार रहता देश सारा
देश के सिपाहियों ने दुश्मनों को मारा
उनके बलिदान से भारत कभी न हारा
यहां की धरती पर अन्न लहलहाया
यहां की स्त्रियां हैं ममता की छाया
यहाँ का सौंदर्य पूरे विश्व को है भाया
सब धर्मों को अपनाता है यह
न कोई छोटा न बड़ा सिखाता है यह

Yuvika Mishra [5B]

EMOTIONAL QUOTIENT [EQ]

In the modern world, Intelligence quotient [IQ] is a vital parameter to judge one's intelligence but it is not the only factor that can take a person farther in life and bring him success. It is true that Emotional Quotient or EQ is the determining factor behind the longevity of one's success.

Experts say that the ability to identify emotions and evaluating how others feel makes a person much more influential and prosperous. A good IQ can land you a good job but poor EQ can be a deterrent in the professional climb. Research suggests that your IQ contributes only 20% of your overall success in life while EQ or social intelligence plays much greater role in determining your success graph.

Studies also reveal that our emotional behaviour has a direct and significant bearing on our relations with others. Emotional Quotient is primarily your ability to understand other people and what motivates them as well as your own motivations. In addition to this, the ability to monitor and manage your own emotions also ties in with your level of emotional intelligence. No one can maintain healthy relationships with others unless one has complete control over one's own ambitions, communicate one's feelings in a constructive way and understand and accommodate others.

Poor EQ may often lead to unethical behaviour. Children with low emotional skills become social outcasts and develop attention problems and frustration at an early age. With so much at stake, the question arises 'Can EQ be improved upon?'

Your level of EQ is firm, but not rigid. Our ability to identify and manage our own and others' emotions is fairly stable over time, influenced by our early childhood experiences and even genetics. One good news is that EQ tends to increase with age, even without deliberate interventions. That does not mean we cannot change it, but, realistically, long-term improvements will require a great deal of dedication and guidance.

For all of the above one needs to have self realization and acceptance of the problem. The zeal and determination to change and improve will go a long way in making your life happy. After all, EQ is directly proportional to HQ [Happiness Quotient]

Shreya Singh [11A]

GRATITUDE

There has been a lot of research that suggests that gratitude is good for us. No surprise there and as a habit it is easy to inculcate even in the worst of times. Its easy to find something to be grateful for and you should be wise enough to express it.

I find myself doing it when I am in a bad mood or I am stressed out. Then, I think of so many bad things that did not happen to me. Living by the philosophy of "It could have been worse" is the most optimistic way of living. In that frame of mind you will be grateful that the better thing happened.

Sometimes you have to be expressive too. A simple 'thank you' can do wonders. We have to acknowledge that in our lives we always receive more than we give. Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.

In the words of the Buddha, "Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful." So look around and think about your life. You will feel grateful on your own. When you notice every detail that is the key to time travel. You can only move if you are actually in the moment. You have to be where you are to get where you need to go. So be grateful!

Prachi [12A]

सुबह ए आज़ादी

मुझे यकीन है की बदलाव होगा
फिर से निकलेगा वह चमकता सूरज
कभी तो यह अँधेरा परास्त होगा
वक्त अच्छा आएगा एक दिन सबका
सभी का पूरा हर ख़ाब होगा
मुझे यकीन है की बदलाव होगा

ज़रूरतें सभी की होंगी पूरी
मंज़िलों से न होगी कोई दूरी
सभी सांस लेंगे खुली हवा में
सब पर उसका वहाब होगा
मुझे यकीन है

किसी के पंख अब न कटेंगे
सभी ऊंची उड़ान भर सकेंगे
ख़त्म होगी चंद लोगों की बादशाहत
हर जगह जम्हूरियत का राज होगा
मुझे यकीन है

सब मिलके करेंगे जी तोड़ मेहनत
सभी के घरों में प्रकाश होगा
कोई न सोयेगा भूखे पेट
अब सभी के लिए खाना पर्याप्त होगा
मुझे यकीन है

न काम आएगी किसी से निस्बत
सिर्फ एक रास्ता, वह है मेहनत
उसी से लिखेंगे सब अपनी किस्मत
तभी तो मिलेगी सबको अज़मत
सभी का पूरा हर काज होगा
मुझे यकीन है

फिर से पहुंचेंगे हम फलक पर
फिर से चाँद सूरज हमारे पास होगा
फिर से लिखेंगे हम खुद अपनी इबारत
फिर देश सफलता का उन्वान होगा

मुझे यकीन है की बदलाव होगा

Ashish Narayan [12E]

INTERESTING THOUGHTS FOR THE DAY

- "Before you criticize someone, you should walk a mile in their shoes. That way when you criticize them, you are a mile away from them and you have their shoes."
- "Even if you are on the right track, you will get run over if you just sit there."
- "I'm tired of all this nonsense about beauty being only skin-deep. That's deep enough. What do you want—an adorable pancreas?"
- "Don't worry about the world coming to an end today. It is already tomorrow in Australia."

HUMOUR AND WISDOM!

Humour and Wisdom! Are these words even related to each other in some way? Of course, they are. Just ask yourself if you can ever engage yourself in a conversation, which is devoid of humor and wisdom and whether it will ever have any impact on the second or the third person? Certainly not!

So we can conclude that both humor and wisdom are the two most essential elements of human nature. Unfortunately, not all human beings are gifted with these essential features; it's simply because of the fact that they lack these abilities or they are naturally absent in someone. And, not in every one you would come across both the characteristics. Say for instance, if one person is full of humour, the chances could be that he may be devoid of wisdom whereas the other person would be very wise, but may lack humor altogether.

On the other hand, the combination of wisdom and humour is a terrific one and if an individual has got both then he/she is got to be really smart. Isn't it? It is said that though humour may not have wisdom, but wisdom has the ability to give rise to a healthy humour. Wisdom is the oxygen of the brain while humour acts as a catalyst for the brain. When we are possessed of both required wisdom and good humour, we feel happy and satisfied from within.

Looking back into history, you will realize that there were many wise people born who were gifted with a good sense of humour. For instance, there was Albert Einstein, known as a great scientist and physicist in one of his popular quotes said "Falling in love is not at all the most stupid thing that people do – but gravitation cannot be held responsible for it."

The Father of our nation, Mahatma Gandhi was known for his infectious humour. When once asked by a reporter why he always traveled in Third Class of the train he had replied "Because there is no Fourth Class". When he was leaving to attend the Round Table Conference at England, he was asked by a reporter whether he was properly dressed to meet the king? He replied "Don't worry about my clothes, the King will have on plenty for both of us".

However, we need to understand that there is a very thin line drawn between humour and crudity. Being humorous doesn't imply that you can insult somebody or pass derogatory remarks. I am sure many of us must have observed that in the garb of humour, people tend to make someone the butt of joke or make others feel let down through their funny comments. Such humour has no connection with wisdom, whatsoever. Actual humor is healthy humour and has got a deep connection with wisdom. A wise man thinks many times before he/she says anything in front of others so that the line of decency is not crossed.

It's true that laughter is the food of a healthy living, so make the most of it, but keep in mind not to hurt anyone's sentiments, otherwise you will appear boorish in front of others. Don't exert yourself to sound funny in front of others, let your personality traits flow on its own and let people accept you the way you are. But of course, you can cultivate the wealth of wisdom and influence people rightfully through that.

Satyam Ashutosh [12A]

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